







STUDENT DETAILS

University department / faculty:	Faculty of Process and systems Engineering
Field of study:	Chemical and Energy Engineering
Home university:	Otto-von-Guericke-Universität Magdeburg
Nationality:	Tunisian
Duration of traineeship (<i>from ...to...</i>):	from 03.10.2022 to 03.02.2023

TRAINEESHIP INSTITUTION

Country:	Czech Republic
Name of traineeship institution:	Inocure s.r.o
Web page:	https://inocure.cz/
Address:	Politických vězňů 935/13 110 00 Praha 1 Prague, Czech republic
Contact person:	Renato Pereira Nunes
Telephone / E-Mail:	+420 606458503 renato@inocure.cz

EXPERIENCE REPORT (*approx. 3 pages + more photos if applicable*)

1) Traineeship institution

Please give a brief description of your host traineeship institution.

Inocure s.r.o is a company specialized in Nanotechnology fields. It has a focus on developing and applying nanoscale materials and systems for biological applications. This includes the design and development therapeutic technologies for healthcare and biotechnology industries. The company leverages cutting-edge nanotechnology techniques to enhance our understanding and manipulation of biological systems at the molecular and cellular levels, with the ultimate goal of improving human health and advancing the field of biotechnology.

2) Searching for a traineeship

How did you find your traineeship? Are there any recommendable links or other helpful tips you would like to share?

The traineeship program was offered on the platform:

<https://erasmusintern.org/traineeships>

3) Preparation

How did you prepare for your traineeship in terms of language, intercultural, professional and organisational aspects? Are there any recommendable links or other helpful tips you would like to share?

- language: since the language of the workplace is English, I did not face any challenges or language barriers.
- Intercultural: researching the culture of the country and read about its history and traditions helped me to integrate with the new society.
- Professional: review the company's mission, values, and goals. Familiarized me with the industry and the company's competitors.
- Organizational: by getting to know the company's structure, departments, and key players. Also, I learned about the company's policies and procedures, as well as their expectations for interns.

4) Accommodation

How did you find your accommodation? Are there any recommendable links or other helpful tips you would like to share?

I used several means to find a room such as renting websites, applications and accommodation groups on social media. After sending many rental requests (over 30 requests), I got the chance to talk to three landlords. The main difficulty was the high demand for residential units in Prague; fortunately my request got approval from one of the landlords. The whole procedure was stressful; especially that I was running out of time, so patience was the key element to find the right accommodation.

5) Traineeship

Please describe the tasks and / or the projects carried out during your traineeship. In which way were you mentored and integrated? How were the working conditions? Did you have especially positive or negative experiences?

I was a member of the team responsible for developing a new technology in the field of Biocompatible Nanofibers in order to produce synthetic skin to replace damaged skin resulting from skin cancer (Melanoma), burns and cuts. The work in the company is managed using the agile Scrum methodology. I was supervised on a daily basis by PhD students working in the laboratory. The results of all the experiments were frequently (upon request) reported and discussed with a senior scientist (Eugene Amler). The working conditions were great and the work environment was comfortable with truly friendly colleagues. In conclusion, the whole experience was positive.

6) Acquired qualifications

Which qualifications and skills could you acquire or improve during your traineeship?

Thorough researching, attention to detail, critical thinking, problem solving, reading comprehension, time management, close listening, clear communication and project management.

7) Green Travel

If you travelled sustainably: Which transportation did you choose? Are there any recommendable links or other helpful tips?

Traveling by bus is more environmentally friendly and better for the climate than traveling by car, train, or plane. In fact, traveling by bus rather than flying could decrease your carbon footprint by up to 13 times. For that I travelled by bus.

8) Country-specific features

Are there any specific traineeship regulations in the target country that affected you as an Erasmus trainee (e.g. France: housing allowance, convention de stage? If yes, which ones? Are there any recommendable links or other helpful tips you would like to share?

I did not face any regulations that affected my traineeship period.

9) Visa, residence and work permit (only for international students)

Which prearrangements had to be made in terms of visa, residence and work permit? Are there any recommendable links or other helpful tips you would like to share?

My residence permit was enough.

10) Other

Is there anything else you want to let other students know?

Starting a traineeship is a great way for students to gain real-world experience in their chosen field and build their professional network. I want to emphasize some points for finding and making the most of an internship:

1. Start early: Look for traineeships well before the start date so you have enough time to find the right opportunity and prepare a strong application.
2. Network: Utilize your personal and professional networks to learn about potential traineeship opportunities. Attend events and reach out to alumni or industry professionals.
3. Research: Look for traineeships that align with your career goals and research the company culture, job responsibilities, and growth opportunities.
4. Tailor your application: Customize your cover letter and resume to highlight your relevant skills and experiences, and show why you're a good fit for the specific traineeship.
5. Be proactive: Once you start the traineeship, take initiative and volunteer for additional projects. This can help you stand out and gain more valuable experience.
6. Stay organized: Keep track of your projects, responsibilities, and accomplishments so you can effectively showcase your growth during the traineeship and in future job applications.
7. Network and learn: Take advantage of the opportunity to network with professionals and build relationships in your field. Also, make sure to actively seek out learning opportunities and feedback from mentors and colleagues.

11) Conclusion

What is the conclusion drawn after your traineeship experience abroad?

Completing a traineeship abroad offered me several benefits including:

1. Professional development: The traineeship have provided me with valuable hands-on experience in several fields and helped me to develop new skills and knowledge.
2. Networking opportunities: Completing a traineeship abroad can offer the opportunity to make new connections with professionals in the individual's field, both in the host country and back home.
3. Career advancement: The experience and skills gained from a traineeship abroad can help boost the individual's resume and make them more competitive in the job market.
4. Intercultural understanding: Living and working in a foreign country can expose individuals to new cultures, values, and ways of life, broadening their perspectives and improving intercultural communication skills.

Declaration of consent

I hereby agree to the publication of this report on the website of the Leonardo Office Saxony-Anhalt.

I assure that the photos used in this report do not violate the rights of other persons or companies (personal rights, copyrights etc.).

Please send this report by email to erasmus-praktika@ovgu.de!
Acceptable file formats: [.doc], [.docx], [.rtf], [.odt].